Subject/Title: Volunteers Needed for Research Study on Tracking and Visualizing Personal Data

Researchers at the University of Victoria, Department of Computer Science are conducting research on ways in which people use their personal data to improve their lives.

Who can participate:
You are invited to participate if you meet the following criteria:
- You have experience tracking personal data or using personal data interpretation technologies
- You live in Canada or the United States
Some examples of personal data interpretation technologies include Strava, Apple Health, Exist.io, and Toggl.

What will we learn:
- We will learn more about what users of these technologies are trying to achieve
- We will learn how these tools could be made better
- We will learn about the effects of the use of these tools

What will you do:
You are being asked to participate in a one-hour focus group session. This focus group will be centred around how people use personal data interpretation technologies, what they seek to gain from these technologies, and what pain points they experience while using existing technologies.

This focus group session will take place remotely through a group video call.

Time commitment and compensation: The focus group session will take one hour, and you will be rewarded with an Amazon gift card in the currency of the country that you reside in, with a monetary value of $15 CAD.

Contact: If you have any questions or would like to participate in this study, please contact the researcher via email at carterblair@uvic.ca

This project is titled ‘Affective Visualization for Mental Health and Well-being’, and the researcher conducting this study is Carter Blair in the Department of Computer
Science, University of Victoria. This study is taking place under the supervision of Dr. Charles Perin.